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Pilot Editor

**Rtn. PP. Muralidharan Pillai**

Cell : 9848132873

Pilot Sub Editor

**Rtn. Ch. Lakshmi Narayana**

Cell : 9550811945

## FOUNDATION OF EXISTENCE

As long as we live in this world, we are bound to encounter problems. If, at such times, we lose hope and become discouraged, we diminish our ability to face difficulties. If, on the other hand, we remember that it is not just ourselves but everyone who has to undergo suffering, this realistic perspective will increase our determination and capacity to overcome troubles.

Indeed, with this attitude, each new obstacle can be seen as yet another valuable opportunity to improve our mind. Thus we can strive gradually to become more compassionate, that is, we can develop both genuine sympathy for others' suffering and the will to help remove their pain. As a result, our own serenity and inner strength will increase.

The need for love lies at the very foundation of human existence. It results from the profound interdependence we all share with one another. However capable and skilful an individual may be, left alone, he will not survive.

Interdependence, of course, is a fundamental law of nature. Not only higher forms of life but also many of the smallest insects are social beings who survive by mutual cooperation based on their interconnectedness. It is because our own human existence is so dependent on the help of others that our need for love lies at the very foundation of our existence.

## "SOW THE SEED OF LOVE"

- Editor



**5<sup>th</sup> Sept.** Teachers are being felicitated at Govt School for visually challenged Girl Students. They are presented with Nation Builder Award for their valuable Contribution to Nation Building, issued by Rotary India Literacy Mission.



## From the President's Desk

Dear Rotarians, Greetings to you all!  
September is Basic education and Literacy month. We have to teach our

children that they all are glorious. Let positive, strong, helpful thought enter their brains from very childhood.

Rotary is doing yeoman service in the field of education. It's working to address the underlying cause of lack of education so as to make education accessible to poor children around the world. Substantial share of our donations to Rotary Foundation is used for imparting education and health

care. Rotary Foundation awards upto 130 fellowships for Master's degrees and Certificate studies at premier Universities. Rotary gives scholarships to thousands of students.

Giving due importance to education, we have been helping the Government School for visually challenged girl students at Sagar Nagar ever since we adopted the said School.

Let's continue to provide education to poor children and help them stand on their own feet.

Yours in Rotary  
**Rtn. PHF. K.V. Ramana**  
President.

## Meetings and Services



**28th Sept.** Commander Pakala Sugunakar addressing the Club on topic "My Experience with Change Management."

**SEPTEMBER IS**

**BASIC EDUCATION AND LITERACY MONTH**

"Education is a social process. Education is growth. Education is not a preparation for life; education is life itself."  
John Dewey

**TAKE ACTION: Join Rotary, Get Involved**

**Rotary**

OUR MOST SUCCESSFUL STORY – POLIO!



Your donation makes a Difference -  
**Donate now**

On your and your loved ones' Birthdays & Anniversaries!



**Rotary**

Most Financially Sound  
Largest  
Most Powerful  
Networking Service  
Organization

Whose flag is recognized in more  
Countries than any other flag in the world

**Every minute of every day Rotary:**

- \* Feeds someone
- \* Houses someone
- \* Vaccinates someone
- \* Performs surgery on someone
- \* Comforts someone
- \* Provides clean water to someone

**THIS IS ROTARY!**

With Best Compliments



# 1-56-7,  
Lakshmi Rama Nilayam  
MIG, Plot No. 8,  
Secgtor-1, MVP Colony,  
Visakhapatnam-530017.  
**Timings : 10 am to 8 pm**



### OUR SERVICES



**Rtn. Dr. L. Chandra Sekhar**  
B.D.S., M.D.S., FAGE  
Periodontist & Implantologist  
Prof. & HOD. Dept. of Dental Surgery  
Gayatri Medical College  
98483 83344  
**Dr. L. Swapna**  
B.D.S.  
Dental Surgeon  
98485 45357



## HAPPY NOTES



Dr. V. Murali Krishna, Chairman, CII has successfully conducted Infrastructure Summit for further developments of Visakhapatnam and neighbouring districts. He had fruitful discussion with IT&HRD Minister Nara Lokesh sharing insights for developmental activities. Mahatma Gandhi Cancer Hospital and Research Institute established by Dr V Murali Krishna has been recognised as one of the top 3 in the world by the Union for International Cancer Control (UICC) for the World Cancer Day Campaign 2024 at the World Cancer Congress in Geneva. This honour is a testament to the dedication and commitment of our Dr.V. Murali Krishna to providing world class advanced treatment and transforming cancer care through his renowned hospital.



M/s. Travel IQ Global Solutions of our members Rtn Usha Priya and Rtn Murali Krishna got Tourism Award for Excellence 2023-24 from honourable Chief Minister Nara Chandrababu Naidu.



Rtn MVV Satyanarayana has been elected as President of the Visakhapatnam Unit for Andhra Pradesh Private Un-aided Schools' Management Association (APPUSMA).



Rtn. A. Kasi Visweswara Rao has been elected as President of Vizag Film Society

**THEIR ACHIEVEMENTS ARE PRAISE  
WORTHY AND WE ARE PROUD OF THEM!  
HEARTY CONGRATULATIONS AND BEST  
WISHES FOR THEIR FUTURE ENDEAVOURS.**





## August Photo Gallery



Blood Donation camp at Dr. L.B. College, Ramatalkies on 27<sup>th</sup> September



PDG. G. Viswanadh & Rtn. PP. Dr. V.V. Narayana Rao attended Membership Conclave Zone 7 at Hyderabad.

## HEALTH CAPSULE

### FRUITS TO WHITEN YOUR TEETH TO A BRIGHTER SMILE!

Fruits like water melon, papaya and strawberries contain malic acid, a gentle bleaching agent that can help lighten surface stains. These fruits also stimulate saliva production, which helps wash away food debris and bacteria that contribute to discolouration.

## Birthdays - Oct 2024

K.S.S. Sai Varma	14 <sup>th</sup>	98857 46975
Satish Kumar P.A.	19 <sup>th</sup>	85200 84084
Srinivasa Reddy K.	23 <sup>rd</sup>	98481 92229
Dr. Sivaram G.	27 <sup>th</sup>	83329 13127

## Wedding Anniversaries

Ramanamurthy V.V.	12 <sup>th</sup>	98664 41213
PDG. Viswanadh G.	14 <sup>th</sup>	98481 93203

## Blood Centre Report - September

No. of Camps Conducted	-	10
No. of Units Collected	-	479
No. of Units Issued	-	742



Blood Donation camp at SFS School Organized by Generation Yuva on 28<sup>th</sup> September

## QUOTABLE QUOTES

The highest result of education is tolerance.

- HELEN KELLER

With Best Compliments



**SUNDRAM FINANCE**  
**HEAD SALES AP STATE**

**Rtn. P.V. Narasimham**

Director : Club Services 2023-24

Cell : 8500667225

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